



NORTH COUNTY
AIKIKAI

CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 - 10:00 am Aikido Juniors
					10:15 - 12:00 pm Aikido/Weapons General
					12:15 - 1:15 pm Aikido Fundamentals**
5:00 - 6:00 pm Aikido Teens	5:30 - 6:30 pm Aikido Juniors	5:00 - 6:00 pm Aikido Free Practice/ Test Prep (per request)*	5:00 - 6:00 pm Aikido Juniors	6:00 - 7:15 pm Weapons Teens/Beginners	
6:15 - 7:15 pm Aikido General	6:35 - 7:35 pm Iaido*	6:15 - 7:15 pm Aikido Fundamentals**	6:15 - 7:45 Zazen & Weapons* General	7:15 - 8:15 pm Aikido Free Practice*	
7:30 - 8:30 pm Weapons* General		7:30 - 8:30 pm Aikido Advanced*			

Dojo closed on Sundays and official holidays.

* Instructor permission required for advanced classes, weapons classes, free practice and Zazen.

** Six-week introductory course.